

Supplementary Methods 1: Literature Screening in Support of Supplementary Data 1

To support the identification of four recurring elements across resilience traditions, we conducted a machine-learning-assisted screening of the literature. We searched PubMed using the following strategy: "resilience framework" [tiab: ~10] OR "resilience model" [tiab: ~10] OR "resilienc* framework*" [tiab] OR "resilienc* model*" [tiab]. This yielded 5,654 unique records. We used ASReview LAB to screen records based on title and abstract, applying active learning in which a machine learning model is continuously retrained based on the labeller's selections, progressively reranking remaining records to improve screening efficiency. This was a targeted screening exercise conducted to support identification of the four recurring elements presented in Supplementary Data 1, not a full systematic review of the resilience literature. Screening was stopped when at least 10% of all records had been reviewed and a stopping threshold of more than 100 consecutively unselected records had been reached.