

Baseline assessment:
clinical, behavioral, psychosocial

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graph TD; A[Baseline assessment:  
clinical, behavioral, psychosocial] --> B[Randomization]; B --> C[Usual care]; B --> D[Intervention intensive phase]; C --> E[4-month assessment:  
clinical, behavioral, psychosocial]; D --> E; D --> F[Intervention maintenance phase]; E --> G[12-month assessment:  
clinical, behavioral, psychosocial]; F --> G;
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Randomization

Usual care

Intervention intensive phase

4-month assessment:
clinical, behavioral, psychosocial

Intervention maintenance
phase

12-month assessment:
clinical, behavioral, psychosocial