

Risk factors	Cut-off points
Pulse pressure in the elderly	≥ 60 mmHg in people > 55 years of age
Age	M > 55 years W > 65 years
Smoking	Daily smoking of cigarettes, cigars or pipe
Dyslipidaemia	TC > 5.0 mmol/l or HDL < 1.0 mmol/l
Abdominal obesity	Waist circumference > 102 cm (M), > 88 cm (W)
Family history of premature cardiovascular disease	Having a 1 st -degree relative with MI before age 60 or stroke at any age