

Royal College of Physicians 3 Questions for Asthma

No to all questions consistent with controlled asthma

In the last month	YES	NO
"Have you had difficulty sleeping because of your asthma symptoms (including cough)?"		
"Have you had your usual asthma symptoms during the day (cough, wheeze, chest tightness or breathlessness)?"		
"Has your asthma interfered with your usual activities (e.g. housework, work, school, etc)?"		

Expanded Score for RCP-3Q's

Each question scored by frequency of symptoms

0 = no symptoms

1 = once or twice per month

2 = once or twice per week

3 = daily symptoms

Allocated score between 0 and 9