

Identification

Records identified through
database searching
(n = 10 091)

Additional records identified
through other sources
(n = 97)

Screening

Records screened
(n = 10 188)

Records excluded
(n = 9 838)

Eligibility

Full-text articles assessed
for eligibility
(n = 350)

Full-text articles excluded,
with reasons
(n = 327)
Studies on other health
behaviours included in
original review
(n = 9)

Included

Studies included in
descriptive synthesis
(n = 14)

Studies included in
quantitative synthesis
(meta-analysis)
(n = 0)

