

STANDARDISED HOME-BASED INTERVIEW

Sociodemographic

Demographics - age, gender, religion
SES – own/spouse's occupation, source of income, education, home ownership
Family - size, longevity, CVD
Children - number, survivorship, distance

General and health related quality of life

Main health problem - self identified
Past significant health event
Past significant psychological event
Life satisfaction - global rating
Quality of life – global rating
Health related QOL - SF12
Perceived exertion - BORG

Psychological and mental health

Depression - GDS
Cognition - 3MS, clock drawing
Resilience - coping, perceived control

Functional status and physical function

Functional status - NEADL, MRADL
Physical function - SPPB
Frailty – Edmonton, Fried scores generated

Other specific health related issues

All medication - direct observation
Sleep – disruption more than 3 nights/wk
Falls and fractures - over 12 mth
Continence – bowels, bladder
Pain – NRS – current, typical, best, worse, location
Osteoporosis risk - time outside
Cardiovascular status - current CVD
Hearing and vision - disability from deficit

Health services used

Frequency of use over the previous year

Health behaviours and nutrition

Smoking - status and pack years
Alcohol consumption - AUDIT
Nutrition risk - SCREEN II
Physical activity - PASE

Culture and cultural practice

Ethnicity - self identification
Maori ancestry - parents, grandparents
Tribal affiliation - importance to wellbeing
Contact with Maori - frequency, marae
Maori language - ability, use, importance
Role in tribal activities

Social networks and support exchanges

Support/contact - practical/emotional support, perceived quality
Network type - PANT
Marital status – current, prior partnerships
Roles - satisfaction

Activities and transport

Activities - three most important, dropped, adapted inventory, time alone
Transport - public transport usage
Driving - current, frequency, distance
Loneliness – time alone, perception

Housing and environment

Current housing - perceived connections, satisfaction, decision to move past/future, size, structure, age, renovations, mobility in house
Living arrangements
Physical environment - importance, access
Neighbourhood – perceived connection, satisfaction, likes/dislikes, decision to move, access to amenities

Politics and respect

Government policy - perspective
Discrimination – current, past, ethnic

Temperature and humidity
in the home

STANDARDISED NURSING ASSESSMENT

Grip strength

Blood pressure,
electrocardiograph,
waist/hip ratio, respiratory
function (forced
expiratory volume), pulse
oximetry

Visual acuity, audiology
Height, weight, body mass
index, bioimpedance