

8 potentially relevant RCTs identified and screened for retrieval



8 RCTs retrieved for more detailed evaluation



6 potentially appropriate RCTs to be included in the meta-analysis



6 RCTs included in the meta-analysis



6 RCTs with usable information, by outcome

2 RCTs excluded, with reasons: Follow-up < 1 month (n=1), subgroup analysis of included trial (n=1).