

Referral of patients, inclusion criteria:

- Stroke (including subarachnoid hemorrhage)
- Between 18 and 75 years of age
- Being treated in the outpatient rehabilitation phase
- Being able to follow the group therapy

Inclusion of patients:

- Rehabilitation physician provides information to patient
- Signed informed consent

Baseline measurement

Randomization

Intervention group
(standard care + PST)

T1 measurement
(8 weeks after T0)

T2 measurement
(6 months after T1)

T3 measurement
(12 months after T1)

Control group
(standard care)

T1 measurement
(8 weeks after T0)

T2 measurement
(6 months after T1)

T3 measurement
(12 months after T1)