

Table 6. A comparison of birth outcomes in the three clusters 2 months post birth

					Fearful	Takes it as it comes		
	Self Determiners	Take it as it comes	Fearful		Crude Odds Ratios	Adjusted Odds Ratios	Crude Odds Ratios	Adjusted Odds Ratios
	(Reference group)			X ² (DF) p				
	n=145 n (%)	n=102 n (%)	n=110 n (%)		Fearful (95% CI)	Fearful (95% CI)	Takes it as it comes (95% CI)	Takes it as it comes (95% CI)
Counselling due to childbirth fear								
Yes	6 (21.4)	3 (10.7)	19 (67.8)	19.7 (2) <0.001	4.8 (1.9- 12.6) ***	5.0 (1.9-13.2) ***	0.7 (0.7- 2.9)	0.7 (0.2-3.9)
No	139 (42.2)	99 (30.1)	91 (27.7)		1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.
Onset of labour (vaginal births only)								
Spontaneous	119 (45.2)	75 (28.5)	69 (26.2)	0.68 (20) 0.71	1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.
Induction	24 (42.1)	15 (26.3)	18 (31.5)		1.3 (0.6-2.5)	1.3 (0.6-2.8)	1.0 (0.5-2.0)	0.9 (0.4-2.0)
Mode of birth								
Vaginal birth	113 (44.7)	73 (28.8)	67 (26.5)	6.7 (2) 0.04	1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.
Instrumental vaginal	15 (48.4)	5 (16.1)	11 (35.5)	2.9 (2) 0.24	1.2 (0.5-2.8)	1.0 (0.4- 2.5)	0.5 (0.2-1.5)	0.5 (0.1- 1.4)
Elective caesarean section	7 (17.1)	14 (34.1)	20 (48.8)	12.1 (2) 0.002	4.8 (2.0-12.0)***	5.4 (2.1 - 14.2)***	3.1 (1.2 -8.0) *	3.0 (1.1 - 8.0)*
Emergency caesarean section	14 (33.3)	16 (38.1)	12 (28.5)	1.9 (2) 0.39	1.4 (0.6- 3.3)	1.2 (0.5-2.8)	1.8 (0.8- 3.8)	1.5 (0.6-3.3)
Epidural								
Yes	28 (30.8)	25 (27.5)	38 (41.8)	4.9 (2) 0.09	1.8 (1.07-3.2)*	1.9 (1.1-3.2)*	1.4 (0.7-2.5)	1.4 (0.7-2.6)
No	123 (43.9)	83 (29.6)	74 (26.5)		1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.
Birth experience								
Positive	101 (43.0)	73 (31.1)	61 (25.9)	5.48 (2) 0.06	1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.
Less than positive	49 (36.8)	34 (25.6)	50 (37.5)		1.7 (1.02- 2.8)*	1.7 (1.01-2.9)*	0.9 (0.6- 2.1)	1.1 (0.6-1.7)
Baby transferred to NICU								
Yes	15 (41.7)	11 (30.5)	10 (27.7)	0.09 (2) 0.96	1.1 (0.5 -2.6)	1.0 (0.9 -1.1)	1.0 (0.4 -2.2)	1.1 (0.5 -2.6)
No	135 (40.7)	97 (29.2)	100 (30.1)		1.0 Ref.	1.0 Ref.	1.0 Ref.	1.0 Ref.

*p< 0.05, **p< 0.01,***p<0.001

Adjusted for age, education, country and parity