

Papers retrieved from CINAHL, EMBASE,
PSYCH INFO, MEDLINE
(597)

Abstracts remaining after
title scanning
(47)

Papers Excluded (17):

Not original research: (4)
Foreign Language: (1)
Review: (1)
*Not looking at anxiety or
depression: (9)*
Clinical trial: (2)

Full Papers retrieved
(30)

Further papers identified from
reference lists as potentially relevant
(25)

Papers excluded (24):

No relevant statistics: (9)
*Not specifically about
anxiety/depression: (5)*
Not primary study: (2)
Excludes depression/anxiety: (3)
No comparator: (1)
Clinical trial (5)

Papers excluded (16):

No Statistics: (2)
*Not looking at anxiety/depression:
(9)*
Not primary study: (3)
Foreign Language: (1)
Clinical trial: (1)

References from review papers
thought to be potentially relevant (0)

Reference from other sources
(citation checking, conferences,
experts) (1)

Total Number of Papers:

$$14 + 1 + 1 = 16$$