

Consecutive patients aged ≥ 65 at GP clinics in various locations around Australia complete screening questionnaire (GDS-SF, demographics [including indicating chronic physical illnesses])
(N = 1 400)

GDS-SF ≥ 5 and
At least 1 chronic physical illness

GDS-SF < 5 and/or
No chronic physical illness

Pre-Trial Phone Interview
(TICS, PRIME-MD Depression, HAM-D, demographics, exclusion criteria questions)

TICS ≥ 25 and
PRIME-MD depression ≥ 2 , including Q4 or Q5
(out of first 9 questions)

TICS < 25 and/or
PRIME-MD depression < 2 , or does not include
Q4 or Q5, (out of first 9 questions)

RANDOMISED CONTROLLED TRIAL:
(N= 177)

Baseline Questionnaires
(SF-36, GAI, RRS, ERQ)

Randomisation

Cognitive Behavioural Therapy
(n = 59)
10 one -hour sessions, one per week

Problem Solving Therapy
(n = 59)
10 one-hour sessions, one per week

Enhanced Treatment-As-Usual
(n = 59)

Stroop Interference Task

GDS-SF (week 5)

Post-Trial Phone Interview
(PRIME-MD Depression, HAM-D, GDS-SF, SF-36, GAI)

All participants positive for depression will be offered a GP referral letter

6 Month Follow-Up Phone Interview
(PRIME-MD Depression, HAM-D, GDS-SF, SF-36, GAI)

12 Month Follow-Up Phone Interview
(PRIME-MD Depression, HAM-D, GDS-SF, SF-36, GAI)