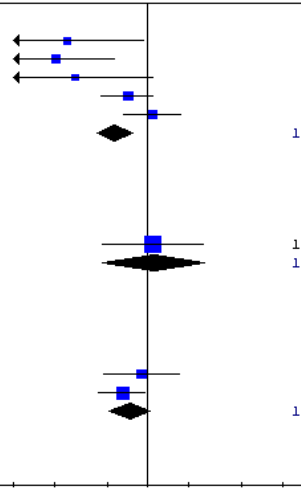
Comparison: 04 CBT vs supportive counselling (SC)
Outcome: 01 PTSD diagnosis

Study or sub-category	CBT n/N	SC n/N	RR (fixed) 95% CI	Weight %	RR (fixed) 95% CI
01 3-6 months posttreatment					
Bryant 1998	2/12	8/12		13.23	0.25 [0.07, 0.94]
Bryant 1999	4/37	10/19		21.85	0.21 [0.07, 0.57]
Bryant 2003a	2/12	7/12		11.57	0.29 [0.07, 1.10]
Bryant 2005	26/63	14/24		33.52	0.71 [0.45, 1.11]
Foa 2006	13/21	12/21		19.84	1.08 [0.66, 1.79]
Subtotal (95% CI)	145	88		100.00	0.56 [0.42, 0.76]
Total events: 47 (CBT), 51 (SC)					
Test for heterogeneity: Chi² = 13.75, df = 4 (P = 0.008), I² = 70.9%					
Test for overall effect: Z = 3.72 (P = 0.0002)					
02 9 months posttreatment					
Foa 2006	7/22	7/24		100.00	1.09 [0.46, 2.61]
Subtotal (95% CI)	22	24		100.00	1.09 [0.46, 2.61]
Total events: 7 (CBT), 7 (SC)					
Test for heterogeneity: not applicable					
Test for overall effect: Z = 0.20 (P = 0.85)					
03 3-4 years posttreatment					
Bryant 2003b	15/50	10/30		35.04	0.90 [0.47, 1.74]
Bryant 2006	27/63	16/24		64.96	0.64 [0.43, 0.96]
Subtotal (95% CI)	113	54		100.00	0.73 [0.51, 1.04]
Total events: 42 (CBT), 26 (SC)					
Test for heterogeneity: Chi² = 0.78, df = 1 (P = 0.38), I² = 0%					
Test for overall effect: Z = 1.72 (P = 0.09)