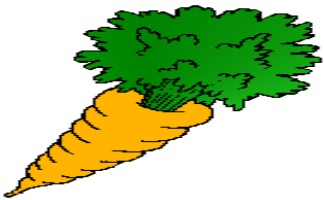


School Type:	Age:
Gender:	☐ Male ☐ Female
Weight (kg):	Height (m):
Waist circumference (cm):	Hip circumference (cm):

0= No Consumption

	How many times per week do you eat a Beef Burger meal? ☐ With Regular Drink ☐ With Diet Drink ☐ None _____
	How many times per week do you eat a Chicken Burger meal? ☐ With Regular Drink ☐ With Diet Drink ☐ None _____
	How many times per week do you eat a Chicken Nugget meal? ☐ With Regular Drink ☐ With Diet Drink ☐ None _____
	How many times per week do you eat a Fried Chicken meal? ☐ With Regular Drink ☐ With Diet Drink ☐ None _____
	How many times per week do you eat dessert served with your fast food meal? _____

	How many times per week do you eat iced dessert served with your fast food meal?	_____
	How many times per week do you eat pizza?	_____
	How many times per week do you eat Shawarma?	_____
	How many times per week do you eat Kabsa?	_____
	How many times per week do you eat Fish?	_____
	How many times per week do you eat cheese spread?	_____
	How many times per week do you eat eggs?	_____
	How many times per week do you eat oranges?	_____

	How many times per week do you eat apples?	_____
	How many times per week do you eat bananas?	_____
	How many times per week do you eat dates?	_____
	How many times per week do you eat salad?	_____
	How many times per week do you eat French fries?	_____
	How many times per week do you eat carrots?	_____
	How many times per week do you eat corn?	_____
	How many times per week do you eat bread?	_____

	How many times per week do you drink REGULAR soft drinks (a can, or equivalent)?	_____
	How many times per week do you drink DIET soft drinks (a can, or equivalent)?	_____
	How many glasses of milk, or cartons of milk do you drink per week? ☐ Regular ☐ Low fat	_____
	How many cartons of juices do you drink per week?	_____
	How many cups of tea do you drink per week? How many cups of coffee do you drink per week?	_____ _____
	In each cup of tea or coffee, how many spoonfuls of sugar do you take?	_____
	How many times per week do you eat savory snacks?	_____
	How many times per week do you eat popcorn?	_____

	How many times per week do you eat donuts?	_____
	How many times per week do you eat cakes or muffins?	_____
	How many times per week do you eat Ice cream?	_____
	How many times per week do you eat pre-sweetened cereal?	_____
	How many times per week do you eat unsweetened cereal?	_____
	How often do you perform moderate to vigorous physical activity, such as exercise, for 30 minutes or longer?	_____
How many hours per night do you usually sleep? ○ 1-2 ○ 2-4 ○ 4-6 ○ 6-8 ○ 8-10 ○ >10 hrs		
How many hours per day do you usually sleep? ○ 1-2 ○ 2-4 ○ 4-6 ○ 6-8 ○ 8-10 ○ >10 hrs		