

Table 1: The theme, categories and codes as identified from the qualitative data

Theme: 'Girl students academic performance and school attendance is affected by lack of knowledge, sanitary materials and lack of facilities at schools'					
Categories	1-Poor knowledge about menstruation	2-Unreadiness during menstruation	3-Influence on academic performance	4-Reasons of school absenteeism	5- Reasons of school dropout
Codes	No prior knowledge about menstruation	Afraid to use sanitary pad in school	Class concentration	Lack of school facilities	Fear of sudden bleeding
	Misperceptions	Knowledge gap on how to use sanitary pad	Class participation	Fear of unexpected bleeding	Lack of material or pad
	Shocked	Ashamed to buy sanitary pad	School absenteeism	Lack of material or pad	Lack of knowledge
	Scared	Unavailability of sanitary pad	School dropout	Embarrassment	Embarrassment
	Disclosure	Malpractices High cost	Missing exam	Pain	