

Records identified through
database searching:
N= 8450

Records after duplicates
removed:
N= 6330

Excluded in initial title/abstract screen:

N= 6181 (which included 58 that were unpublished [e.g.
conference proceedings, theses], review articles, or linked
quantitative or methodological papers that mentioned primary
qualitative research)

Not found or unprocessed:

N= 0

Full text articles
screened: N=149

Excluded: N= 111

Reasons (more than one may apply to each article)

Reason 1 not LTC (N= 1)

Reason 2 not self-management intervention or support activity (N= 89)

Reason 3 not male only or lacking explicit gender comparison (N= 45)

Reason 4 not qualitative data collection and analysis (N= 18)

Additional studies identified (e.g. via reference checks and searching for
published literature for unpublished records):

N=4 (studies and papers identified for inclusion through other sources)

Studies and papers included in qualitative
synthesis:
N= 38 studies across 44 papers