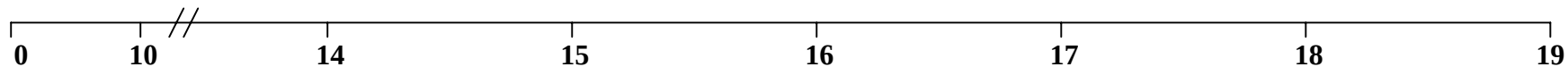


Time line (weeks)



400 µg supplement daily	Regime C bread 200 µg slice	400 µg supplement daily	Regime B bread 100 µg slice	400 µg supplement daily	Regime A bread 50 µg slice
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RCF

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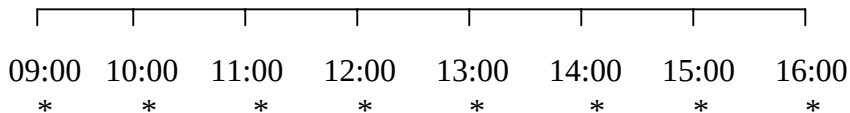
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RCF

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Time (hrs)



1st slice
200 µg

2nd slice
200 µg