

57 patients assigned

```
graph TD; A[57 patients assigned] --> B[31 patients were assigned to the active group]; A --> C[26 patients were assigned to the control group]; B --> D[4 weeks examination]; D --> E[8 weeks examination]; C --> F[4 weeks examination]; F --> G[8 weeks examination];
```

31 patients were assigned to the active group

Assessed at baseline: 31

4 weeks examination

Lost to follow-up: 1

(Lack of physical or mental ability to perform or comply with the treatment procedure)

Assessed at follow-up: 30

8 weeks examination

Lost to end point: 1

(Lack of physical or mental ability to perform or comply with the treatment procedure)

Available for analysis: 29

26 patients were assigned to the control group

Assessed at baseline: 26

4 weeks examination

Lost of follow-up: 1

(Lack of physical or mental ability to perform or comply with the treatment procedure)

Assessed at follow-up: 25

8 weeks examination

Available for analysis: 25