

Referral to pain clinic of patients with mechanical low back pain

Informed consent, baseline measurement

Facet joint pain

Diagnostic test

Positive

Negative

R

Multidisc.
pain program
+ M.I.P

Multidisc.
pain program

Disc pain

Diagnostic test

Positive

Negative

R

Multidisc.
pain program
+ M.I.P

Multidisc.
pain program

SI pain

Diagnostic test

Positive

Negative

R

Multidisc.
pain program
+ M.I.P

Multidisc.
pain program

Combination

R

Multidisc.
pain program
+ M.I.P

Multidisc.
pain program

Follow-up measurements after 3 and 6 weeks: difference in pain and perceived improvement

Follow-up measurements after 3, 6, 9 and 12 months: difference in pain, perceived improvement, recovery, pain, function, quality of life and patient satisfaction

* Abbreviations: multidisc. pain program: multidisciplinary pain program; M.I.P.: minimal interventional procedures