

Potentially relevant
studies identified 1996

1848 Excluded:
323 duplications
1525 based on titles
148 based on abstracts

30 Full-text articles reviewed

23 Articles excluded
-Measurement-validity-reliability=10
-Pedometer not part of intervention=7
-No results (protocol)= 4
-Non-randomized=2

7 Articles checked for additional studies
in reference lists

7 Articles included in this review