

Sick leave in the preceding 2 months

none 0 ...

0-1 week 2 ...

>1 week 3 ...

Intensity of shoulder pain (0-10)

0-3 points 0 ...

4-6 points 2 ...

7-10 points 3 ...

Perceived cause: strain or overuse during regular activities 3 ...

Reported psychological problems (anxiety, distress, depression) 6 ...

+

Total score

...

Total score

Risk

≤1 10% - 20%

2 – 3 20% - 30%

4 – 5 30% - 40%

6 – 7 40% - 50%

8 50% - 60%

9 – 10 60% - 70%

11 – 12 70% - 80%

13 – 15 80% - 90%