

Baseline clinic  
(cognitive and physiological testing)

Cognitive and mood testing  
Battery of neuropsychological tests  
Mill Hill Vocabulary Scale  
Hospital Anxiety and Depression Scale  
Physical examination  
Blood pressure  
BMI, WHR, % body fat  
ECG  
Ankle brachial index  
Neurothesiometry  
Questionnaire (including WHO Chest Pain  
and Edinburgh Claudication Questionnaires)  
Blood sample  
Inflammatory markers  
Cortisol  
Lipids  
Blood glucose, HbA1c  
Liver function tests  
Hyaluronic acid  
Urinary albumin/creatinine ratio

'Routine' data collection

ISD SMR01 data  
Medical and surgical discharges  
from Scottish hospitals  
LDR data  
HbA1c, blood pressure,  
cholesterol

2-3 weeks

Baseline Clinic  
(digital retinal photography)

Diabetic retinopathy

1 year

One year clinic

Questionnaire including sleep apnoea  
questionnaires  
Abdominal USS  
Carotid IMT and plaque measurement  
Pulse wave analysis and velocity  
Hypoglycaemia questionnaire