

Diagnostic Inquiry Scale for Heart System in TCM

Essential information	Full name		Gender		Age	
	Occupation			Marriage		

Chief complaint: _____

All the symptoms are made as follows : YES=1 ; NO=0

1. Key Inquiry

X1 Palpitations

X2 Chest oppression

X3 Chest pain

Y31 Pain location:

Y311 Xuli-the apex of the heart

Y312 Danzhong

Y313 Front part of the chest

Y314 Radiate to shoulders, back and medial arms

Y315 Other locations

Y316 Migratory pain

Y317 Fixed pain

Y32 Character of pain:

Y321 Stabbing pain

Y322 Dull pain

Y323 Distending pain

Y324 Colic pain

Y325 Others

X4 Short breath/Dyspnea/Suffocation

X5 Seizure frequency: **Y51** Occasional seizure

Y52 Frequent seizure

X6 Duration of seizure: **Y61** Transient seizure

Y62 Persistent seizure

X7 Inducing (aggravating) factor:

Y71 Seizure when quiet or without inducing factor at night

Y72 Inducing (aggravating) after movement

Y73 Inducing (aggravating) after gloom

Y74 Inducing (aggravating) after drinking

Y75 Inducing (aggravating) when cloudy or rainy

Y76 Inducing (aggravating) when cold suddenly

X8 Relieving factor:

Y81 Relieving after rest

Y82 Relieving after administration of drug

Y83 Not relieving after administration of drug

Y84 Relieving after warming

X9 Edema

Y91 Location of edema:

Y911 Edema in Lower limbs

Y912 Edema in head and face

Y913 Edema in eyelid

Y914 Edema from the lower limbs to all the body

Y915 Edema from the face to all the body

Y92 Character of edema:

Y921 Rebounding after relief of pressure

Y922 Pits under pressure

X10 Hypodynamia

X11 Dysphoria

X12 Paroxysmal nocturnal dyspnea

X13 Amnesia

2. Common Inquiry

I Inquiry of cold and fever:

X14 Aversion to wind/Aversion to cold

X15 Fear of cold

X16 Cold limbs

X17 Fevers

Y171 Elevated body temperature

Y172 Autopsyche fever without elevated body temperature

X18 The tidal fever

X19 Heat sensation in both palms and soles

II Inquiry of perspiration:

X20 Spontaneous sweating

X21 Night sweat

III Inquiry of head, thorax and abdomen:

X22 Dizziness and Blurred vision

X23 Tinnitus

X24 Orolingual sore

X25 Gingival swelling and pain

X26 Gingival hemorrhage

X27 Sore-throat

X28 Cough

X29 Cough with sputum

Y291 Color of sputum:

Y2911 Whitish sputum

Y2912 Yellowish sputum

Y2913 Dark grayish sputum

Y2914 Blood in sputum

Y2915 Ferruginous sputum

Y2916 Pinkish sputum

Y2917 Bloody purulent sputum

Y2918 Cough with hemoptysis

Y292 Character of sputum:

Y2921 Thin sputum

- Y2922 Thick sputum
- Y2923 Frothy sputum
- Y293 Amount of expectoration:
 - Y2931 Abundance sputum
 - Y2932 Moderate sputum
 - Y2933 Scanty sputum
- Y294 Difficulty or easy level of coughing with sputum:
 - Y2941 Easy level of coughing with sputum
 - Y2942 Difficulty level of coughing with sputum
- Y295 Taste of sputum:
 - Y2951 Stinking smell of sputum
 - Y2952 Sweet taste of sputum
 - Y2953 Salty taste of sputum
- X30 Hiccups
- X31 Acid vomiting
- X32 Gastric stuffiness
- X33 Stomachaches
 - Y331 Preference for warm and pressure
 - Y332 Unpressable
- X34 Gastric upset
- X35 Heart-burn
- X36 Nausea and vomiting
- X37 Preference for sighing
- X38 Pain of hypochondrium
- X39 Abdominal fullness, distention and pain
- X40 Soreness and weakness of waist and knees
- X41 Numbness of hands and feet
- X42 Aching pain of whole body
- X43 Heavy sensation of body

IV Inquiry of diet and taste

- X44 Thirsty and dry pharynx
- X45 Absence of thirst and no desire for water drink
- X46 Thirst with desire for water drink
- X47 Thirst with preference for cold water
- X48 Thirst with preference for hot water
- X49 Poor appetite and less amount of food
- X50 Good appetite but fast hunger
- X51 Hunger but no desire for food
- X52 Preference for food:
 - Y521 Preference for sweet food
 - Y522 Preference for salty food
 - Y523 Preference for oily and sweet food
 - Y524 Preference for hot and spicy food
- X53 Bitter taste
- X54 Sticky or greasy taste with a thick and greasy coating

X55 Tastelessness with reduced appetite

V Inquiry of urination and defecation

X56 Stool: __times/a day or __day/a time

X57 Loose stool

X58 Diarrhea

X59 Stool with undigested food

X60 Morning diarrhea

X61 Irregular dry and loose stool

X62 Constipation

X63 Dry feces

X64 Unsmooth defecation

X65 Clear and profuse urine

X66 Yellow and scanty urine

X67 The frequent and urgent urination

X68 Decreased urine

X69 Unsmooth and painful urination

X70 Urine with burning sensation

X71 Dripping of urine

X72 Frequent and increased urination at night

VI Inquiry of sleep

X73 Insomnia

Y731 Condition of difficult in falling asleep

Y732 Condition of easy to be woken up after sleep

Y733 Condition of unable to fall asleep after woken up

Y734 Pernoctation

Y735 Dreamful sleep

Y736 Early awakening

Y737 Weakness after awakening

X74 Drowsiness

VII Inquiry of emotions

X75 Impetuosity and susceptibility to rage

X76 Susceptibility to fright

X77 Susceptibility to anxiety and preoccupation

X78 Susceptibility to sorrow

VIII Inquiry of women

X79 Menopause

X80 Menstrual cycle:

Y801 Advanced menorrhea

Y802 Delayed menorrhea

Y803 Irregular menstruation

X81 Abnormal menstruation:

Y811 Profuse menstruation

- Y812** Scanty menstruation
- Y813** Amenorrhea
- Y814** Incessant dripping of menstrual blood
- Y815** Metrorrhagia
- X82** Menstrual color:
 - Y821** Light reddish menstruation
 - Y822** Dark reddish menstruation
- X83** The texture of menstruation:
 - Y831** Thin menstruation
 - Y832** Thick menstruation
 - Y833** Menstruation with blood clot
- X84** Symptoms during menstruation:
 - Y841** Distending pain of breast
 - Y842** pain in lower abdomen
 - Y843** Distending pain in lower abdomen
 - Y844** Stabbing pain in lower abdomen
 - Y845** Cold pain in lower abdomen
 - Y846** Preference for warm and pressure
- X85** Leukorrhea:
 - Y851** Whitish vaginal discharge
 - Y852** Yellowish vaginal discharge
 - Y853** Thin leukorrhea
 - Y854** Thick leukorrhea

3. History of past illness

Disease history _____

Operation history (YES _____NO)

Allergic history (YES_____NO)