

Table 1 Demographic characteristic of CAM users and non users

Parameter	CAM Users	Non CAM Users	Significance*
SEX			
Male	244(89.7%)	28(10.3%)	0.004*
Female			
Mean age	37.4	38.7	0.267
Marital status			0.005*
Never married	213(34.4%)	33(29.5%)	
Married	370(59.7%)	60(53.6%)	
Divorced/separated	9(1.4%)	3(2.7%)	
Widow/widower	28(4.5%)	12(10.7%)	
No entry	0	4(3.5%)	
Level of education			0.056
No formal	4(0.7%)	1 (0.9%)	
Primary	25(4.0%)	7 (6.3%)	
Post primary	226(36.5%)	46 (41.1%)	
Tertiary	363(58.5%)	54 (48.2%)	
No response	2(0.3%)	4 (3.5%)	
Level of income			0.000*
Low income(N50,000/month	479 (77.2%)	63 (56.2%)	
Middle income(N50,000-100,000/month	117 (18.9%)	30 (26.8%)	
High income(N100,000 and above	24(3.9%)	6 (5.4%)	
No response	0	13 (11.6%)	
Religion			
Christianity	616(99.3%)	111 (99.1%)	
Moslem	1(0.2%)	1 (0.9 %?)	
Traditional religion	3(0.5%)	0	

Table 2: Health_Status of Respondents

Options	Users (n = 620)	Non-Users (n = 112)
Satisfactory	210 (33.9%)	39 (34.8%)
Good	309 (49.8%)	62 (55.4%)
Poor	74 (11.9%)	4 (3.6%)
Seriously sick	27 (4.4%)	7 (6.2%)
Total	620 (100.0%)	112 (100.0%)

Table 3: Number_of CAM remedies used n = 620

Number of CAM	Frequency	Percentage
1 – 5	440	71.0%
6 – 10	107	17.2%
11 – 15	71	11.5%
16 – 20	2	0.3%
Total	620	100.0%

Table 4: Forms of CAM remedies used by respondents *

Forms of CAM	Frequency	Percentage
Biological products	347	56.0%
Spiritual therapy	306	49.4%
Physical therapy	137	22.1%
Alternative medicine	45	7.3%
Others	140	26.6%

*Multiple responses given

Table5: Breakdown of CAM products used by respondents *

Types	Frequency of use & %	Types	Frequency of use & %
<u>Biological Products:</u>		<u>Alternative Systems:</u>	
Herbal drugs	335 (54.0%)	Chinese medicine	45 (7.3%)
Forever living product	148 (23.9%)	Acupuncture	20 (3.2%)
Tuja 1000	37 (6.0%)	Homeopathy	27 (4.4%)
Aloe vera	175 (28.2%)	<u>Physical Therapy/body Manipulation</u>	
GNLD product	120 (19.4%)	Osteopathy	29 (4.7%)
Tianshi products	101 (16.3%)	Massage	137 (22.1%)
Formor products	16 (2.6%)	Manual healing	33 (5.3%)
Noni juice	21 (3.4%)	<u>Others</u>	
Medical Tea	45 (7.3%)	Local Surgery	31 (5.0%)
Green Tea	36 (5.8%)	Ritual sacrifice	11 (1.8%)
Kosagog Tea	5 (0.8%)	Urine therapy	29 (4.7%)
Nutritional Therapy:	68 (11.0%)	Black stone	100 (16.1%)
Mineral treatment	16 (2.6%)	Shark cartilage	15 (2.4%)
Nutri water	43 (6.9%)	Python fat	56 (9.0 %)
Honey	347 (56.0%)	Animal extracts	23 (3.7%)
<u>Spiritual Therapy:</u>			
Faith/prayer healing	306 (49.4%)	Crude oil	140 (22.6%)
Transcendental meditation	11 (1.8%)		
Visualization	36 (5.8%)		
Psychic Therapy	3 (0.5%)		
Mental imagery	5 (0.8%)		

*Multiple responses given

Table 6: Reasons for using CAM remedies *

S/N	Reasons for Use	Frequency	Percentage
a.	Conventional medicine is not effective	45	7.3%
b.	CAM is quick or fast in action	118	19.0%
c.	Conventional medicine is expensive	48	7.7%
d.	CAM remedies are natural	298	48.1%
e.	Conventional medicine has side effects	93	15.0%
f.	CAM is more in keeping with one's belief and faith	34	7.1.0%
g.	To promote and maintain health	287	46.3%
h.	Others	15	2.4%

*Multiple responses given.