

Enrollment

Assessed for eligibility (n=60)

Excluded (n=15)

Not meeting inclusion criteria (n=15)

Declined to participate (n=0)

Other reasons (n=0)

Randomised (n=45)

Allocation

Allocated to Tactile massage (n=29)

Received allocated intervention (n=29)

Allocated to Rest to music (n=16)

Received allocated intervention (n=15)

Did not receive allocated intervention
(n=1) (illness of relative)

Follow - Up

Lost to follow-up (n=0)

Discontinued intervention (n=0)

Lost to follow-up (n=0)

Discontinued intervention (n=0)

Analysis

Analysed (n=29)

Excluded from analysis (n=0)

Analysed (n=15)

Excluded from analysis (n=0)