

Items	Before enrollment	Intervention period 1	Outcome assessment 1	Intervention period 2	Outcome assessment 2	Intervention period 2	Outcome assessment 3
	-2-1(week)	1-4(week)	5(week)	5-8(week)	9(week)	9-12(week)	13(week)
Inclusion criteria	×						
Exclusion criteria	×						
Informed consent	×						
Baseline	×						
Randomization and Allocation	×						
Intervention		×		×		×	
Mini-Mental Status Examination	×		×		×		×
Montreal Cognitive Assessment	×		×		×		×
Functional Independence Measure Scale	×		×		×		×
Adverse events		×		×		×	
Reasons of drop-out and withdrawals		×		×		×	