

### Additional file 2 Summary of data items reported for included studies (n=61)

[illegible]

|                     |      |    |   |   |    |   |   |   |   |   |   |   |   |   |   |   |   |
|---------------------|------|----|---|---|----|---|---|---|---|---|---|---|---|---|---|---|---|
| Jalali-Nia, S.      | 2011 | 49 | N | Y | N  | Y | N | Y | N | Y | Y | Y | Y | Y | N | N | Y |
| Johnston,J.         | 2009 | 50 | N | N | N  | N | Y | Y | Y | Y | Y | N | Y | N | N | N | Y |
| Kim,S.              | 2008 | 51 | N | Y | Y  | N | N | Y | Y | Y | Y | Y | Y | Y | N | N | Y |
| Kim,S.              | 2009 | 52 | N | N | N  | N | Y | Y | N | N | N | N | Y | Y | Y | N | Y |
| Kitchens, J.        | 1989 | 53 | N | N | N  | N | N | Y | Y | Y | Y | Y | Y | Y | N | N | Y |
| Krueger,P.          | 2006 | 54 | N | Y | Y  | N | N | Y | Y | Y | N | Y | Y | Y | N | Y | Y |
| Kulier,R.           | 2009 | 55 | N | N | N  | N | Y | Y | Y | N | N | N | Y | Y | N | Y | Y |
| Landry,F.           | 1994 | 56 | N | N | N  | N | N | Y | Y | Y | Y | Y | N | Y | N | N | Y |
| Linzer,M.           | 1988 | 57 | Y | N | Y  | N | N | Y | Y | Y | N | N | Y | N | N | N | Y |
| MacAuley,D.         | 1998 | 58 | N | N | NA | N | N | Y | Y | N | N | N | N | N | N | N | Y |
| MacAuley,D.         | 1999 | 59 | N | N | N  | N | N | N | N | Y | Y | Y | Y | Y | N | N | Y |
| MacRae,H.           | 2004 | 60 | Y | Y | N  | Y | Y | Y | Y | Y | N | Y | Y | Y | N | N | Y |
| Major-Kincade, T.   | 2001 | 61 | N | Y | Y  | N | N | Y | N | Y | Y | Y | Y | Y | N | Y | Y |
| Martin,S.           | 2007 | 62 | N | Y | N  | N | N | Y | N | N | N | N | N | N | N | N | Y |
| McLeod,R.           | 2010 | 63 | Y | N | Y  | N | N | Y | Y | Y | N | Y | Y | Y | N | Y | Y |
| Reiter,H.           | 2000 | 64 | N | N | NA | N | Y | Y | Y | Y | N | Y | Y | Y | N | N | Y |
| Ross,R.             | 2003 | 65 | N | N | NA | N | N | Y | Y | Y | Y | Y | Y | Y | N | N | Y |
| Sanchez-Mendiola,M. | 2004 | 66 | N | N | N  | N | N | Y | Y | Y | Y | N | N | N | N | Y | Y |
| Schaafsma,F.        | 2007 | 67 | N | N | N  | N | N | N | Y | N | Y | N | Y | Y | Y | N | Y |
| Schardt,C.          | 2007 | 68 | N | N | N  | N | N | Y | Y | N | N | N | N | N | N | Y | Y |
| Seelig,C. B.        | 1993 | 69 | N | N | N  | N | Y | Y | N | Y | Y | Y | N | Y | N | N | Y |
| Shorten,A.          | 2001 | 70 | N | N | Y  | N | Y | Y | Y | N | N | N | Y | N | N | Y | N |
| Shuval,K.           | 2007 | 71 | Y | Y | Y  | Y | Y | Y | N | Y | N | Y | Y | Y | Y | Y | Y |
| Smith,C.            | 2000 | 72 | Y | Y | Y  | N | N | Y | N | Y | Y | Y | Y | Y | N | Y | Y |
| Stark,R.            | 2007 | 73 | Y | Y | Y  | Y | N | Y | Y | Y | Y | Y | Y | Y | N | Y | Y |
| Stevenson,K.        | 2004 | 74 | N | N | Y  | N | Y | Y | N | Y | Y | N | N | Y | N | Y | Y |
| Stevermer,J.        | 1999 | 75 | N | N | N  | N | Y | Y | Y | Y | Y | Y | Y | Y | N | N | N |
| Taylor,R.           | 2004 | 76 | Y | Y | N  | Y | Y | Y | Y | Y | Y | Y | N | Y | N | Y | Y |
| Thomas,K.           | 2005 | 77 | Y | N | N  | N | N | Y | Y | Y | Y | Y | Y | Y | Y | N | Y |
| Verhoeven,A.        | 2000 | 78 | N | Y | Y  | N | N | Y | Y | Y | Y | Y | Y | Y | N | N | Y |
| Villanueva,E.       | 2001 | 79 | N | N | N  | N | N | Y | Y | Y | N | N | Y | N | N | Y | Y |
| Wallen,G.           | 2010 | 80 | N | N | N  | N | N | Y | N | N | N | Y | N | N | N | Y | Y |
| Webber,M.           | 2010 | 81 | N | N | N  | N | N | Y | Y | Y | Y | Y | Y | Y | N | N | Y |

NA=not applicable (e.g. online intervention without instructor)

## Reference list for Additional file 2

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