

Records identified through
initial database searching
(n =4236)

Additional records
identified through other
sources (n =378)

Total records identified
(n = 4614)

Records screened
(n = 2949)

Records excluded
(n =1665)

Full-text articles
assessed for
eligibility (n = 79)

Full-text articles
excluded, with
reasons
(n = 52)

Studies included in
data extraction
(n = 27 papers/21
studies)

Literature or non-
systematic reviews
n= 19

No control study
n=10

Mental Health
screened out or not
included n= 5

Not intervention
evaluation n=6

Reported protocol
not findings n=3

Other n=9 (e.g.
focus on staff, not
reporting outcome
measures)