

Contact with the SCREEN

- by telephone
- by coming to the SCREEN office
- by referral from primary care

Guidance to
another place
of help



First Visit (90 min)

Members: two workers and the adolescent, the parents (in the case of a minor the parents were always present), a partner

Content: reasons for contacting SCREEN; semistructured interview used to screen the life situation and different interventions needed

Feed back: decision on the focus of the intervention and the number of visits to SCREEN (maximum five visits)



2-4 Visits (45 min)

Members: one worker and the adolescent (separate visits for parents if needed)

Content: deepening the treatment of the focus problem; further evaluations if needed (e.g. different structured instruments), evaluation of the need for further care

Planning of the referral for further care with the adolescent and parents, if needed



5 Visit

Closing the intervention and evaluation of the adolescent's present state



Team session
with the specialist
in adolescent
psychiatry