

Randomisation

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graph TD; A[Randomisation] --> B[Intervention]; A --> C[Control]; B --> D["Telehealth (n=1605)  
Telecare (n=1276)"]; C --> E["Telehealth (n=1625)  
Telecare (n=1324)"]
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Intervention

Telehealth (n=1605)

Telecare (n=1276)

Control

Telehealth (n=1625)

Telecare (n=1324)