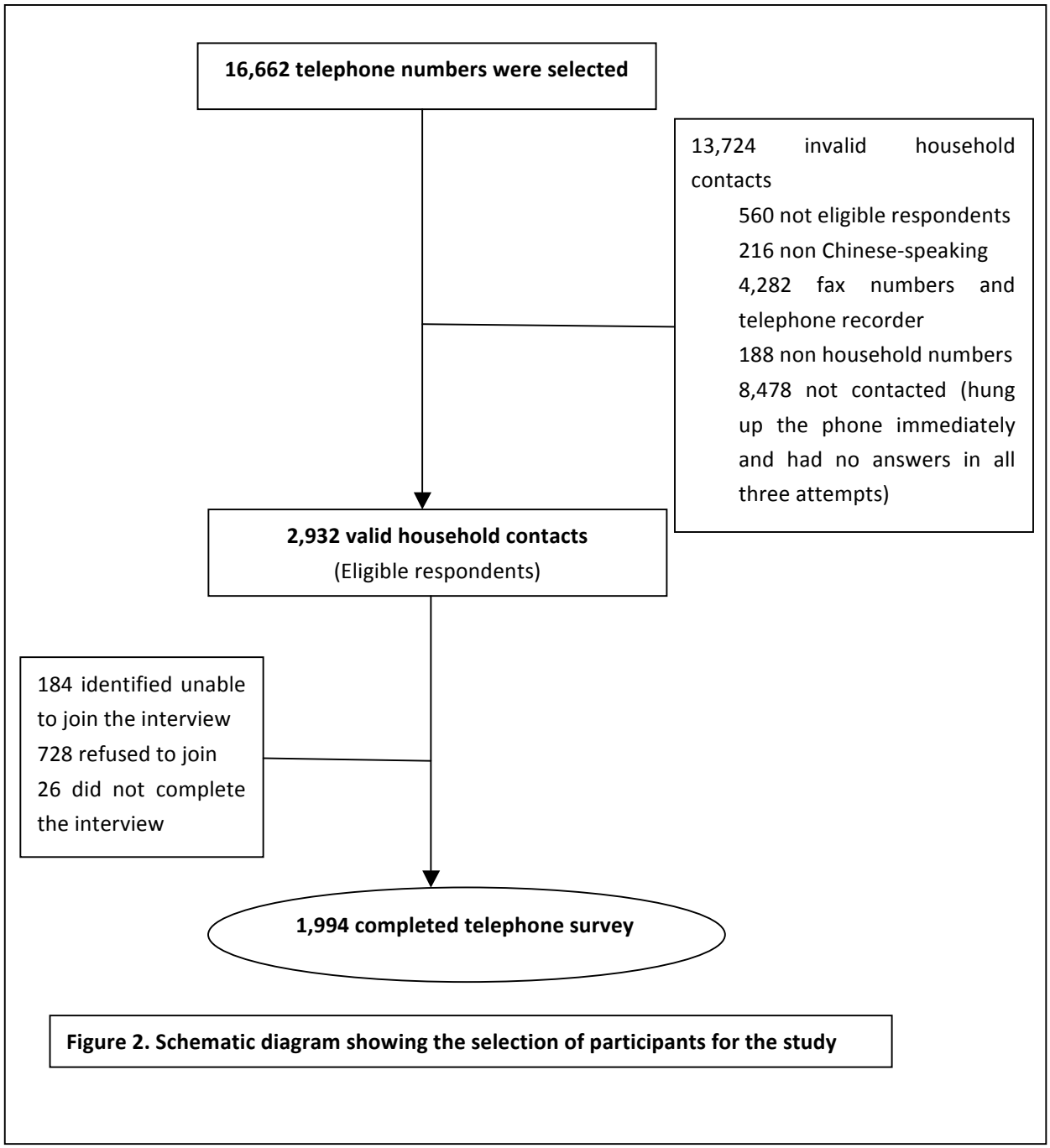Figure 2: **Schematic diagram showing the selection of participants for the study**