

			EORTC QLQ-C30:													HAD:	
Author	Study design (follow-up in months)	N	Physical functioning	Role function	Pain	Dyspnoea	Constipation	Diarrhoea	Cognitive function	Emotional function	Social function	Fatigue	Nausea	Sleep disturbance	Loss of appetite	Anxiety	Depression
Brown et al 2002 ⁽¹²⁾ (BC)	RCT (12m)	54															
Sheppard et al 2009 ⁽¹³⁾ (BC)	RCT (18m)	214															

Author	Study design (follow-up in months)	N	EORTC QLQ-BR23:						GHQ:		FACT:				
			Arm symptoms	Breast symptoms	Systemic therapy side effects	Body image	Sexual function	Future perspective	Aggregate score	Cases >4	FACT-G	FACT breast	FACT endocrine	FACT B+ES	Fear
Brown et al 2002 ⁽¹²⁾ (BC)	RCT (12m)	54													
Sheppard et al 2009 ⁽¹³⁾ (BC)	RCT (18m)	214													

Key: ■ = positive significant (p<0.05) outcome; ■ = positive outcome (not significant or no significance reported); □ = negative outcome (not significant or no significance reported); ▨ = negative significant outcome; ▩ = no difference at all; blank or white squares indicate the outcome was not reported; RCT = Randomised Controlled Trial, XS(NRC)= cross-sectional non-randomised control; IBD = Inflammatory Bowel Disease, RA = Rheumatoid Arthritis, BC = Breast Cancer