

On average, how often do you drink milk (whole milk, low-fat milk, skim milk, 1%-low-fat milk)?

- ☐ Never
- ☐ Less than once a week
- ☐ 1-2 times a week
- ☐ 2-4 times a week
- ☐ 5-6 times a week
- ☐ Daily
- ☐ More than once a day