

	No time preparing meal	Avoid sickness	Overcome injury	Doctors' advice
Iron	1.798 .180	11.940 .001	0.350 .554	35.004 < .001
Ginseng	7.636 .006	0.757 .384	3.238 .072	4.055 .044
Multivitamin	9.103 .003	6.427 .011	0.970 .325	0.190 .892
Vitamin C	0.104 .747	54.671 < .001	0.012 .912	0.005 .944
Magnesium	1.267 .260	0.140 .708	6.997 .008	1.883 .170
Echinacea	1.206 .272	40.343 < .001	0.806 .369	0.003 .959

* Statistically significant associations are in bold.