

	No time preparing meal	Avoid sickness	Overcome injury	Doctors' advice
Iron	.059 .180	.152 < .001	.026 .554	.259 < .001
Ginseng	.121 .006	.038 .384	.079 .072	-.088 .044
Multivitamin	.132 .003	.111 .011	.043 .325	-.006 .892
Vitamin C	.014 .747	.324 < .001	-.005 .912	.003 .944
Magnesium	.044 .260	-.016 .708	.116 .008	.060 .170
Echinacea	.048 .272	.278 < .001	.039 .369	.002 .959

* Statistically significant ϕ coefficients ($p < .05$) are in bold and associations are categorized as strong ($\phi > .7$), intermediate ($.7 > \phi > .3$) and weak ($\phi < .3$)