

		No time preparing meals				Avoid sickness				Overcome injury				Doctors' advice			
		Yes		No		Yes		No		Yes		No		Yes		No	
Multivitamin	Yes	84	84.8%	294	69.8%	253	76.4%	125	66.1%	64	77.1%	314	71.9%	91	72.2%	287	72.8%
	No	15	15.2%	127	30.2%	78	23.6%	64	33.9%	19	22.9%	123	28.1%	35	27.8%	107	27.2%
		99	100.0%	421	100.0%	331	100.0%	189	100.0%	83	100.0%	437	100.0%	126	100.0%	394	100.0%
Vitamin C	Yes	71	71.7%	295	70.1%	270	81.6%	96	18.5%	58	69.9%	308	70.5%	89	70.6%	277	70.3%
	No	28	28.3%	126	29.9%	61	18.4%	93	17.9%	25	30.1%	129	29.5%	37	29.4%	117	29.7%
		99	100.0%	421	100.0%	331	100.0%	189	36.3%	83	100.0%	437	100.0%	126	100.0%	394	100.0%
Magnesium	Yes	14	14.1%	43	10.2%	35	10.6%	22	4.2%	16	19.3%	41	9.4%	18	14.3%	39	9.9%
	No	85	85.9%	378	89.8%	296	89.4%	167	32.1%	67	80.7%	396	90.6%	108	85.7%	355	90.1%
		99	100.0%	421	100.0%	331	100.0%	189	36.3%	83	100.0%	437	100.0%	126	100.0%	394	100.0%
Echinacea	Yes	35	35.4%	125	29.7%	134	40.5%	26	13.8%	29	34.9%	131	30.0%	39	31.0%	121	30.7%
	No	64	64.6%	296	70.3%	197	59.5%	163	86.2%	54	65.1%	306	70.0%	87	69.0%	273	69.3%
		99	100.0%	421	100.0%	331	100.0%	189	100.0%	83	100.0%	437	100.0%	126	100.0%	394	100.0%
Iron	Yes	35	35.4%	120	28.5%	116	35.0%	39	20.6%	27	32.5%	128	29.3%	64	50.8%	91	23.1%
	No	64	64.6%	301	71.5%	215	65.0%	150	79.4%	56	67.5%	309	70.7%	62	49.2%	303	76.9%
		99	100.0%	421	100.0%	331	100.0%	189	100.0%	83	100.0%	437	100.0%	126	100.0%	394	100.0%
Ginseng	Yes	15	15.2%	28	6.7%	30	9.1%	13	6.9%	11	13.3%	32	7.3%	5	4.0%	38	9.6%
	No	84	84.8%	393	93.3%	301	90.9%	176	93.1%	72	86.7%	405	92.7%	121	96.0%	356	90.4%
		99	100.0%	421	100.0%	331	100.0%	189	100.0%	83	100.0%	437	100.0%	126	100.0%	394	100.0%

* 100% in each cell indicates a complete congruence