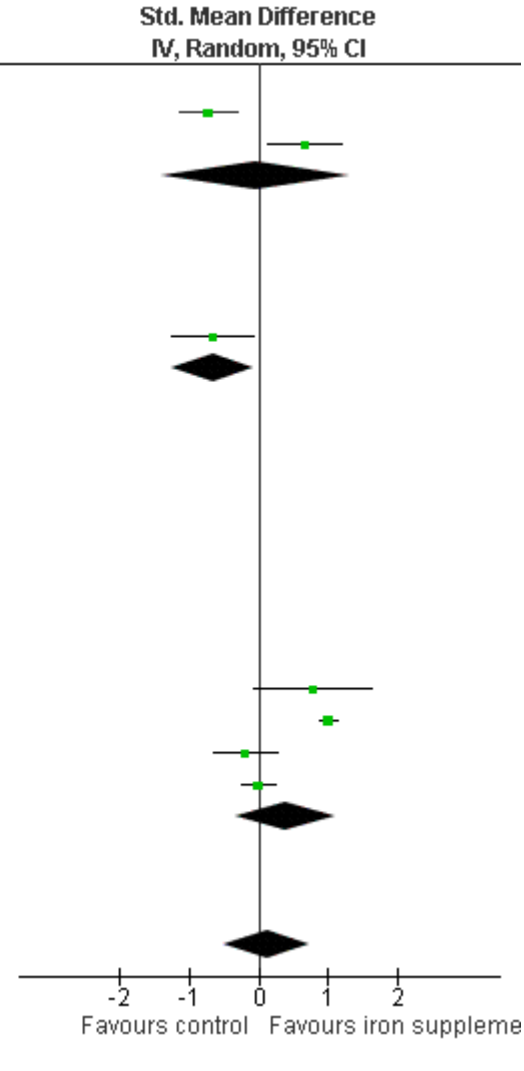Study or Subgroup	Iron supplementation Mean	SD	Total	Control Mean	SD	Total	Weight	Std. Mean Difference IV, Random, 95% CI
1.4.1 Anaemic participants								
Pollitt 1989	47	6	50	51	5	50	14.7%	-0.72 [-1.12, -0.31]
Soemantri 1989	62.03	4.63	34	59.52	2.01	24	14.0%	0.66 [0.12, 1.19]
Subtotal (95% CI)			**84**			**74**	**28.8%**	**-0.04 [-1.39, 1.30]**
Heterogeneity: Tau² = 0.88; Chi² = 16.03, df = 1 (P < 0.0001); I² = 94%								
Test for overall effect: Z = 0.06 (P = 0.95)								
1.4.2 Iron deficient participants								
Pollitt 1989	52	6	23	56	6	23	13.7%	-0.66 [-1.25, -0.06]
Subtotal (95% CI)			**23**			**23**	**13.7%**	**-0.66 [-1.25, -0.06]**
Heterogeneity: Not applicable								
Test for overall effect: Z = 2.16 (P = 0.03)								
1.4.3 Iron deficient and/or replete participants								
Subtotal (95% CI)			**0**			**0**		**Not estimable**
Heterogeneity: Not applicable								
Test for overall effect: Not applicable								
1.4.4 Iron replete participants								
Groner 1986	0.2	1.3	16	-0.7	0.7	9	12.0%	0.77 [-0.08, 1.62]
Pollitt 1989	59	2	605	57	2	605	15.7%	1.00 [0.88, 1.12]
Soemantri 1989	73.24	6.49	37	74.41	5.7	35	14.4%	-0.19 [-0.65, 0.27]
Sungthong 2004	-3.444	9.77	214	-3.399	10.451	99	15.4%	-0.00 [-0.24, 0.23]
Subtotal (95% CI)			**872**			**748**	**57.5%**	**0.38 [-0.33, 1.09]**
Heterogeneity: Tau² = 0.47; Chi² = 71.04, df = 3 (P < 0.00001); I² = 96%								
Test for overall effect: Z = 1.06 (P = 0.29)								
Total (95% CI)			**979**			**845**	**100.0%**	**0.12 [-0.49, 0.72]**
Heterogeneity: Tau² = 0.61; Chi² = 136.59, df = 6 (P < 0.00001); I² = 96%								
Test for overall effect: Z = 0.38 (P = 0.70)								
Test for subgroup differences: Chi² = 49.52, df = 2 (P < 0.00001), I² = 96.0%