

**Impact of ICT on
patients with iron overload**

Sex Life:

- Pump inhibits sexual activity
- May inhibit development of intimate relationships

Work:

- Work-related travel
- Ability to work late

Sleep disturbance:

- Specific to those with old-style pump: noise keeps them awake
- have to sleep on opposite side, which may interrupt sleep
- pain may also disrupt sleep

Emotional well-being:

- Depression
- Anger
- Frustration
- Sadness

**Pain at
needle site:**

**Impact on
parent
(thalassemia/
SCD):**

- Guilt
- Stress/worry
- May impact relationship with child

**Evening
Social Life:**

- Limits going out at night and doing 'normal' things
- Interrupts activities due to preparing

Self-esteem

- Due to unsightly bumps/bruises
- Due to inability to do normal things