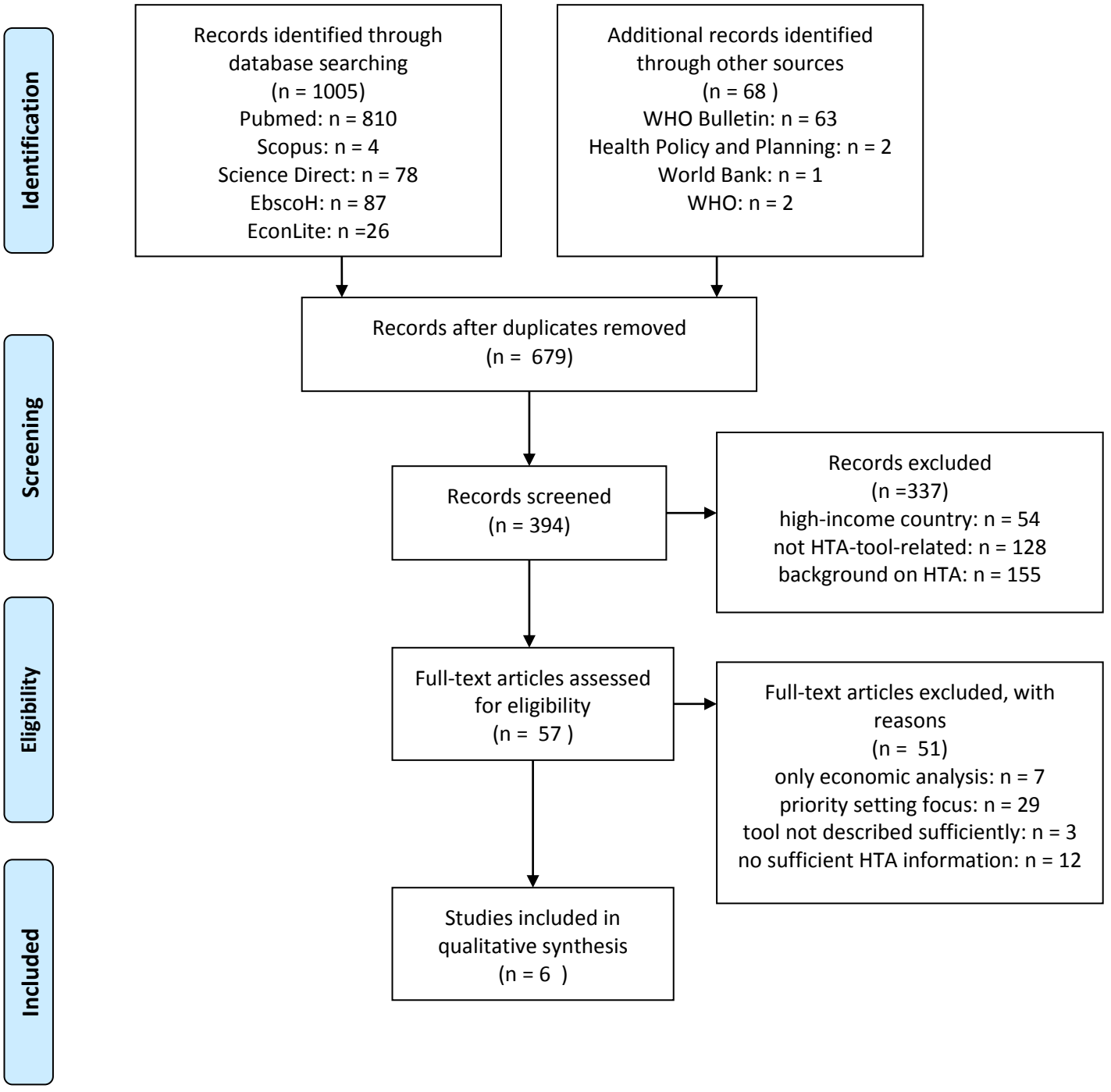PRISMA flow diagram (Fig 1)