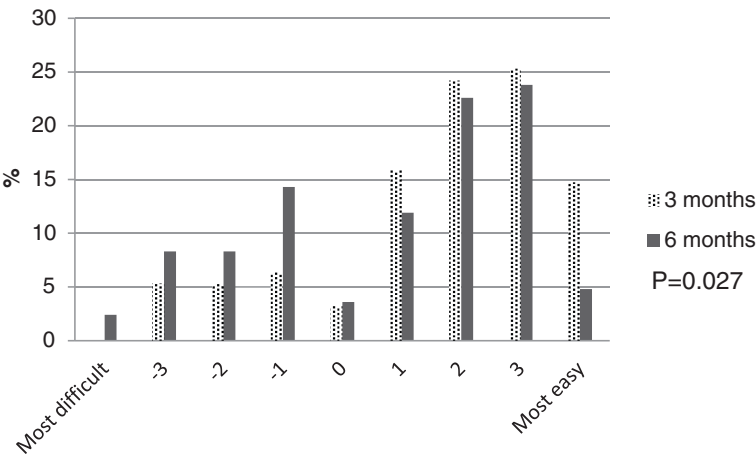


a. Rating of how easy the diets were to follow



b. Rating of how pleasant the diets were to follow

