

all activity counts measured during
the whole recording time

overall PA

intensity levels
(time in %)

sedentary
PA

light PA

MVPA

consecutive minu-
tes spent within an
intensity level

sedentary
bouts

light bouts

MVPA bouts

relative contribu-
tion of different
bout lengths within
an intensity level

$G_{\text{sedentary}}$

G_{light}

G_{MVPA}

PA pattern