

- 2 set an example for your child by exercising in front of him/her?
 - 3 play active games with your child (such as playing ball or racing)?
 - 7 go on a walk with your child?
 - 12 say positive things to motivate your child to be more active?
 - 15 play a sport or active game together as a family?
 - 16 give your child choices of what physical activities to do?
 - 18 allow your child to help you with chores?
 - 21 allow your child to pick an active game to do together?
 - 24 dance with your child?
 - 26 play sports games with your child (such as soccer or baseball)?
 - 33 teach your child that being active is good for his/her health?
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- 1 take your child to sport practice or game in which he/she is enrolled?
 - 5 take your child to the park?
 - 9 suggest that your child play outside?
 - 11 find age appropriate games that get your child moving?
 - 14 teach your child new and different ways to be active?
 - 19 Set time aside for active play?
 - 22 not have time to play outdoors with your child? (RC)
 - 28 not register your child for sports or dance due to lack of money? (RC)
 - 32 let your child go outside to play around your home?
 - 35 have outdoor toys available for your child?
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