

Enrollment

Recruitment routes:
Postal invitation (n=1120)
Consultation (n=41)
Poster (n=6)
Other (n=6)

Consented (n=195)

Randomized (n=179)

Allocation

Usual care (n=43)

Web-based only
(n=45)

Basic nurse support
(n=44)

Regular nurse support
(n=47)

Follow-Up

Dropped out (n=7)
Died (n=1)
Did not complete 12
month weight
assessment (n=6)

Dropped out (n=6)
Did not complete 12
month weight
assessment (n=9)

Dropped out (n=6)
Did not complete 12
month weight
assessment (n=11)

Dropped out (n=6)
Left practice (n=1)
Did not complete 12
month weight
assessment (n=3)

Analysis

Analysed (n=43)
Last Observation
Carried Forward

Analysed (n=45)
Last Observation
Carried Forward

Analysed (n=44)
Last Observation
Carried Forward

Analysed (n=47)
Last Observation
Carried Forward