

Walking to school

Built environment:

- Heavy traffic
- Lack of safe street crossings, crossing guards
- Lack of walking paths

Natural environment

- Rainy, dark, hilly

Institutional:

- School, work start times differ
- Neighborhood school closures
- Bus policies discourage walking

Community:

- Stranger danger (abductions)
- Not trusting neighbors
- Bullies/aangs

Individual/Family:

- Positive beliefs re: walking
- Fear of children walking alone

School Breakfast

Built & Natural Environment

Institutions (work, school)

Neighborhood/Community

Individual/Family

Institutional:

- School meals lack variety & cultural options
- Buses arrive late
- Children need supervision & reminders to eat

Community:

- Religious, community norms for breakfast and food choices

Individual/Family:

- Positive beliefs re: breakfast
- Families do not eat together