

Citations from electronic database search:

MEDLINE	1888
EMBASE	236
Cochrane	82
CINAHL/SportDiscus/PsycInfo	481

Total Citations Downloaded to RefWorks:

Total in RefWorks	2687
-------------------	------

**Total with Duplicates Excluded (N =2411)****Full Articles Assessed for Eligibility
after Scanning Titles (N=352)****Citations Excluded after Scanning
Titles (N=2059)****Articles added through referencing
(N = 2)****Articles Excluded after Full Review (N
=352)**

Reasons: non experimental (N=87); not 3
levels of physical activity (N=38);
Reviews, summaries, meta-analysis
(N=39); not related to osteoporosis
(N=21); only on change in bone mineral
density (N=123); clinical population
(N=10); bone metabolism (N=13);
fractures (N=3); population < 18yrs
(N=11); other (N=7)

**Articles Included (N=2)**