

Citations from electronic database search:

MEDLINE	5973
EMBASE	2561
Cochrane	193
CINAHL/SportDiscus/PsycInfo	681

Total Citations Downloaded to RefWorks:

Total in RefWorks	9408
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Total with Duplicates Excluded (N = 8485)



**Full Articles Assessed for Eligibility
after Scanning Titles (N=347)**

**Citations Excluded after Scanning
Titles (N = 8138)**



**Articles added through referencing
(N = 1)**



**Articles Excluded after Full Review (N
= 319)**

Reasons: non experimental (N= 45); only
effect on CVD risk factors (N=115); did
not include 3 levels of physical activity
(N=12); subjects less than 18 yrs old
(N=4); Reviews, summaries,
dissertations, thesis, and abstracts
(N=30); clinical population (N=14); not
on CVD or did not fit definition of CVD
(N=78); other (N=19)



**Articles Included (N=28) plus (N=21)
articles added at authors discretion**

Total N = 49