

Adjustment Disorders

Diagnostic Criteria from DSM-IV TR (APA 2000)

- A. The development of emotional or behavioural symptoms in response to an identifiable stressor(s) occurring within 3 months of the onset of the stressor(s)
- B. These symptoms or behaviours are clinically significant as evidenced by either of the following:
 - 1- marked distress that is in excess of what would be expected from exposure to the stressor
 - 2- significant impairment in social or occupational (academic) functioning
- C. The stress-related disturbance does not meet the criteria for another specific Axis I disorder and is not merely an exacerbation of a pre-existing Axis I or Axis II disorder.
- D. The symptoms do not represent Bereavement
- E. Once the stressor (or its consequences) has terminated, the symptoms do not persist for more than an additional six month

Specify if:

Acute (less than six months)

Chronic (longer than six months in response to a chronic stressor or to a stressor that has enduring consequences)

Adjustment Disorder are coded according to the subtype that best characterizes the predominant symptoms:

309.0 with Depressed Mood

309.24 with Anxiety

309.28 with Mixed Anxiety and Depressed Mood

309.3 with Disturbance of Conduct

309.4 with Mixed Disturbance of Emotions and Conduct

309.9 Unspecified
