

Recruit (N = 576) couples across centres

Screened by inclusion criteria:

- Diagnosis of mild to moderate dementia;
- Person with dementia has informant (for measures);
- Community dwelling;
- Absence of severe agitation, severe hearing difficulties, severe physical problems;
- Family caregiver able and willing to participate in joint reminiscence groups.

Informed consent taken from person with dementia and their carer

Baseline data collection - outcome measures completed by person with dementia and their carer

Remote randomisation stratified by whether or not carer is spouse of person with dementia

Control group (N = 288):

- Usual care

Intervention group (N = 288):

- Usual care, and
- RYCT joint reminiscence group sessions for the person with dementia and their carer; weekly meetings for 12 weeks

First follow-up - 3 months after baseline
Repeat outcome measures completed by person with dementia and their carer

- RYCT maintenance sessions for the person with dementia and their carer; monthly meetings for 7 months (N = 253)

Primary end-point
Second follow-up - 10 months after baseline
Repeat outcome measures completed by person with dementia and their carer
(N = 400)