

Successful recruitment

Exclusion: Not willing to sign informed consent (adolescent or parents), refusal to study randomization.

Week 0: Assessment I – Baseline

Exclusion: CES-D > 40, HADS > 14, BDI-II suicide item > 1.

Randomization

PST

WL

Week 3: Assessment II – Treatment phase

Assessment II - Treatment phase (control condition)

Week 5: Assessment III – Treatment end

Assessment III – Treatment end (control condition)

Week 17: Assessment IV – 4month follow-up

Assessment IV - 4month follow-up (control condition) / start intervention

Week 22:

Assessment V – Treatment end

Week 35: Assessment V – 8month follow-up

Assessment VI – 4month follow-up

Week 52: Assessment VI – 12month follow-up

Assessment VII – 8month follow-up

Week 69:

Assessment VIII – 12month follow-up