

Accepted to PEPS



Screening for eligibility



Assessment and Psychoeducation



Randomization



Group 1: Goal based intervention



Personal concerns inventory (PCI)
(Week 1)



Client pre-intervention interview
(Week 3)



Stop & Think! (12 weeks duration)
(Week 5)



Post assessments
(Week 18)



Post-intervention interview
(Week 19)

Group 2: Treatment as usual



Client pre-intervention interview
(Week 3)



Stop & Think! (12 weeks duration)
(Week 5)



Post assessments
(Week 18)