

Screening for Eligible Individuals

Visit '0'



Randomization



Zinc group

(456mg capsules, 1 capsule/day
for 12 months)



Placebo group

(456mg capsules, 1 capsule/day
for 12 months)



Clinical and biochemical measurements

Visit '1' (1 month)

Visit '2' (3 month)

Visit '3' (6 month)

Visit '4' (12 month)